

# Sweet Apple Tuna Salad

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*This is my mother's favorite recipe for tuna salad. It is slightly sweet and has a crunch from the apples. It is very good served in a lettuce cup or also as a tea sandwich. Makes 2 cups.*

## Ingredients:

2 cans oil packed tuna, drained  
1 apple, cored and diced  
1/2 cup mayonnaise  
1/4 cup chopped red onion  
1/4 cup chopped celery  
2 tablespoons shredded parmesan cheese  
1 teaspoon poppy seeds  
salt and pepper, to taste

## Directions:

1. Combine all ingredients in a medium size bowl. Season with salt and pepper.
2. Serve in a lettuce cup or as a sandwich.

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